

Eye Wash Recipe

Adapted from Julie Ashton's

one teaspoon boric acid powder

diluted with $\frac{1}{3}$ cup - $\frac{1}{2}$ cup boiling water (stir until totally dissolved)

cool for at least 10 minutes,

then add about one tablespoon witch hazel

Put a small amount of the cooled solution on a cotton pad or square and gently wipe over the eye area and into the creases around the eye and nose. Continue to wipe, using fresh pads if necessary, until the pad comes up clean. While the area is still damp, lightly pack the area with sterile wound powder (available from Pandecats.com) or Eye Envy (eyeenvy.com). I use a cotton Q-Tip to do this. If your cat is prone to staining try and do this at least once a day. If the cat's eye area is crusted with hard matter, use a wet warm washcloth to gently loosen and remove this matter before using the boric acid solution and powder.

If excessive runny eyes occurs (due to a slight irritation, or often happens during teething), there are several over the counter drops you can try such as Visine, Murine, Renu, Polysporin eye & ear drops - try for 3 or 4 days, three times a day. If this does not clear it up, consult your vet. The above eye wash recipe is very effective. My very favorite eye drops of the ones mentioned are Renu for slightly irritated eyes, and Ophtho-Tate if it is more than just a mild irritation. I also really like the Visine and Murine eye drops, particularly during allergy season for any kitties that get slight pollen irritations.

You can tweak this recipe to suit your own personal cat's needs - it is a guideline and a bit stronger or a bit weaker is fine, it all depends on your own cat's needs.